

DECEMBER 2016

Sunset News & Views

Sunset Park Place Retirement Community
www.sunsetparkplace.net

3730 Pennsylvania

Dubuque Iowa
563-583-7939



Celebrating December

Pearl Harbor Day
December 7

Nobel Prize Day
December 10

Winter Solstice
December 21

Hanukkah Begins
December 24

Christmas
December 25

New Year's Eve
December 31



Sunset Residents and staff celebrated the Chicago Cubs victory with their own party following the world series win – story inside!

Holiday Hoopla – Happy or Humbug?



It was Ebenezer Scrooge, from Charles Dickens' classic novel *A Christmas Carol*, who famously uttered, "Bah, humbug!" Scrooge eventually learns to love and appreciate the holiday. Anyone not in the Christmas spirit may even be called a "Scrooge." Christmastime should be a joyous season, but let's face it, there are a lot of things about the holiday that can be stressful and make us feel less than in the holiday spirit. I have said it before and I'll mention it again that the secret of the holidays - it is not only in the love and joy of the season but about the love and joy we can choose to share with one another. We have plenty of that to experience and share right here at Sunset Park Place.

On Thursday, December 15th Allen Phillips and Allison Law from Senior Housing Management will be here to address any concerns you may have. They will be meeting at 10:00 am in the dining room with Assisted Living and Independent Residents, and at 11:00 am with town home residents We encourage all to come by and say "hello".

There are a lot of activities during December, so I encourage you to take a look at the schedule and enjoy!



Jerry Bell
Manager

December

Activity Highlights



Shopping

Hy-Vee	7 th (1:45)	, 14 th , 21 st , 28 th	
	1:15 pm		
Target		5 th	1:30 pm

Outings

Reflections in the Park		1 st	5:30 pm
Magoo's Pizza		2 nd	11:15 am
Rhody's Lunch & Pie		9 th	11:15 am
House of China		29 th	4:15 pm

Events

Breakfast with Santa		3 rd	8:30-10:00am
Resident Meeting with Jerry		7 th	1:00 pm
Resident Meeting w/Allen (SHM)		15 th	10:00 am
Town Home Meeting w/Allen (SHM)		15 th	11:00 am
Sunset Residents Christmas Dinner		16 th	Noon
Dog Show with Phyllis & Julie		27 th	1:30 pm
New Year's Eve Party		31 st	1:00 pm

Music

University of Dubuque Carolers		5 th	5:15 pm
Nancy Hooton		6 th	5:30 pm
Jim Lucy		10 th	1:30 pm
Frank Naber		13 th	1:30 pm
Old Path Baptist Church		18 th	3:00 pm
Janet Lieb		20 th	1:30 pm
Steve Morris		22 nd	1:30 pm
Dave Pogenklass		26 th	1:30 pm
Tom Bedtka		31 st	1:00 pm



Claus For A Cause



Breakfast with Santa at Sunset Park Place is scheduled for **December 3 from 8:30 –**

10 am Cost will be \$5 per person, \$20 per family (\$2 for those 2 and under). Kids will also get a special treat from Santa! Breakfast with Santa has become a wonderful kick-off to the holiday season at Sunset Park Place. After all who wouldn't want to start out a Saturday with an all-you-can-eat pancake breakfast?! The best part is that it is all for a great cause! All monies collected will be donated to the Alzheimer's Association. The event is open to all residents – family and community members. Won't you join us!

Alzheimer's Funding Update

The fight continues to keep Alzheimer's disease funding in front of federal lawmakers as a priority. While it was hopeful that an additional 400-million would be approved yet this year, word from the National Alzheimer's Association is that Congressional leaders have signaled their intent to delay the appropriations process and instead pass a continuing



resolution to fund the federal government through March 31, 2017. Current funding for research is less

1- billion dollars per year, yet it remains the most expensive disease in America.

Veterans Day- Tribute to Our resident vets

Members of the Dubuque Marine Corps League were at Sunset Park Place on



Veterans Day, November 11 to recognize our veteran residents. We say a huge thanks to those residents, Ann A., Dick H., Henry F. John F., Lynn K., Jerry L., Bill M., Jim V., and Art W.

Cubs Party – Sunset Set Style

After 108-years, the Cubs got their first World Series title in dramatic style, and Sunset residents wanted to celebrate in a big way too. Residents watched the victory parade and the welcome home event in Chicago on the big screen TV in the theater room along with ballpark food including hot dogs, ice cream and of course Cracker Jacks! Resident John F. was also interviewed by KCRG-TV to talk about his past experiences as a Cubs fan, including his thoughts of the 1945 World Series.



What's New At Sunset!

November was a busy month to start projects at Sunset Park Place. We have broken ground for two new town homes. They will be two bedrooms – two bathrooms and include a two car garage. They will be located in the open area



between existing town homes. They are expected to be completed in April. We are taking deposits for them at this time.

Sunset also has six new residents – finches in our new bird aviary located in the Weland



Gardens in memory care. The birds include Zebra and Cut-Throat finches. In addition new hospitality cabinets were placed in our main level along with an area for a future taco and



potato bar near the dining room. Those projects should be completed soon.

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Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



Lunch & Learn – December & January

Sunset Park Place will hold a ‘Lunch & Learn’ noon on Thursday, December 1 on selling

your home. The event will be led by Dubuque Real Estate Agent Harry Blewett of Ruhl & Ruhl Realtors. On January 26, the Lunch & Learn will focus on fall prevention. Representatives of Care Initiatives will give the program. Sunset residents and community members are invited. If you are planning on attending either of these events - you will need to RSVP to Cindy at 563-583-7939.

Resident Referral Bonus

Would you like to receive \$500 off of one month’s rent? Sunset is offering \$500 off rent for any current resident who refers someone resulting in a move in. Let us know!



Sunset December Birthdays

Those born between December 1st and 21st are Archers of Sagittarius. Archers are both confident and lucky, so they often find success. Those born between December 22nd and 31st are Capricorn’s Goats. Capricorns are independent, detail-oriented, patient, and self-sufficient.



Kay C 12/15
Marge C 12/19
Norma V 12/20
Annetta O 12/24
Lorraine G 12/27



Celebrity Birthdays

Bette Midler (singer) – December 1, 1945
Bobby Flay (chef) – December 10, 1965
Beau Bridges (actor) – December 9, 1941
Ted Danson (actor) – December 29, 1947