

MAY 2017

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, Iowa 52002 • 563-583-7939 • www.sunsetparkplace.net



Celebrating May

Inventors Month

Vinegar Month

Teacher Day

May 2

Astronaut Day

May 5

Cherish an Antique Day

May 9

International Nurses Day

May 12

Endangered Species Day

May 19

World Lindy Hop Day

May 26

Memorial Day (U.S.)

May 29

Spring is in the air

Tis the season of planting and the season of growth! Dry bulbs find new life. Little seeds sprout and stretch for warmth and sunshine. Nourishment flows through the veins of all living things. In spite of the seasons of change in our lives, we are created with the need to grow through every season of our days. We have many opportunities at Sunset Park Place to enrich your life socially by adding a new activity, exercise, a party, a restaurant or a concert. Take a look at the Mother's Tea information in the newsletter that will be held on Saturday May 13th. Happy Mother's Day!

Jerry Bell

Manager



Happy Mother's Day!



Activity Highlights

Shopping

Hy-Vee 3rd^(1:45), 10th, 17th, 24th 31st 1:15 pm

Outings

Happy Joes	8 th	11:15 am
Party Bus Cruise	15 th	1:30 pm
Rhody's Pie Run	19 th	2:30 pm
HuHot	18 th	11:15 am
Timmerman's	31 st	4:15 pm

Events

New Resident Welcome	1 st	1:30 pm
Resident Meeting with Jerry	3 rd	1:00 pm
Mothers & Others Tea	13 th	1:30 pm

Music

Nancy Hooton	2 nd	5:30 pm
Frank Naber	9 th	1:45 pm
Jim Lucy	13 th	2:00 pm
Lou Oswald	16 th	1:30 pm
Janet Lieb	19 th	1:00 pm
Shelly Gessner	23 rd	1:30 pm
Tom Bedtka	26 th	1:00 pm
Dave Poggenklass	29 th	1:30 pm

Happy 69th Anniversary

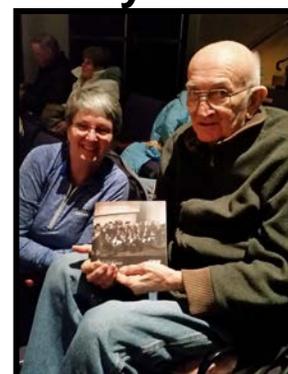


On April 12th Dorothy & Roy celebrated their 69th Wedding Anniversary, what an accomplishment! To make their day extra special the private dining room was decorated with fresh spring flowers. It made them feel even more special when they were presented with a matching corsage & boutonniere. The meal was finished off with a gorgeous wedding cake to commemorate this wonderful day. Congratulations Dorothy & Roy!



The United States Navy Band

The Navy Band performed a concert at Eleanor Roosevelt Middle School in Dubuque on Friday, March 31st. Thirteen residents, staff and family of Sunset Park Place attended the concert. One resident in attendance was a very proud Navy Veteran, Bill. Bill and his daughter Betsy enjoyed sharing the evening at the concert together!



Easter Fun at Sunset Park Place



Live 2 B Healthy trainer, Pam, helped us kick off the holiday weekend with a Happy Easter workout on Friday morning.



Being healthy is Fun!



Enjoying the tradition of coloring easter eggs and sharing stories about our own holiday memories.



Spending an afternoon with Dubuque Area Retired School Personnel Association (D.A.R.S.P.A.) singing good old favorites including "Easter Parade"



Breakfast with the Bunny is a hip hop hit with the kids! Yummy Pancakes and an Easter Egg hunt were a sure way to fill the halls with lots of laughter for all to enjoy.

Lunch and Learn

Choosing a new Retirement Community and needing to sell your home can be an overwhelming process.

We are here to help!



Thursday, May 25th
12:00 pm
Sunset Park Place
Theater Room

Anna Murray-Francois, Community Relations Coordinator at Sunset Park Place and Licensed Realtor with RE/MAX Advantage Realty will present valuable information and answer your questions about both industries. Anna specializes in the needs of clients aged 55 and above and has the experience and expertise of working with seniors' specific needs, such as housing options, long term planning and more.

Preparing to move into a Retirement Community and selling your home can be an overwhelming process so let Anna assist you in making this transition a little less overwhelming. Please join us for a complimentary lunch. We are here to help! Call Anna today to R.S.V.P. at (563) 583-7939.

The History of Aprons



The principal use of Grandma's apron was to protect the clothes underneath because she only had a few. It was also because it was easier to wash aprons than dresses and aprons used less material. But along with that, it served as a potholder for removing hot pans from the oven. It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears. From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven. When company came, those aprons were ideal hiding places for shy kids. And when the weather was cold grandma wrapped it around her arms. Those big old aprons wiped many a perspiring brow, bent over the hot wood stove. Chips and kindling wood were brought into the kitchen in that apron. From the garden, it carried all sorts of vegetables. In the fall, the apron was used to bring in apples that had fallen from the trees. It was surprising how much furniture that old apron could dust in a matter of seconds when company drove up the lane. When dinner was ready, Grandma waved her apron from the porch and the men knew it was time to come in from the fields to dinner. *People would go crazy now trying to figure out how many germs were on that apron. I don't think I ever caught anything from an apron – but love...*

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3730 Pennsylvania Avenue
Dubuque, Iowa 52002

Postage
Information

Mothers & Others Tea

Join us on Saturday,
May 12th at 2:00.

There will be a
Dessert Bar, Music by Jim Lucy, and a
program to honor all of our wonderful
mothers at Sunset Park Place.



Sunset Park Place Annual Picnic

It's that time of year – **Save the Date** for
the Sunset Park Place Annual Picnic!
This year we will have a casino theme.
Join us on **Saturday, June 24th** from
11:30-1pm. Bring the whole gang. As
always – expect fun and a little bit of the
unexpected!

Sunset May Birthdays

Pat T	5/5
Jane S	5/8
Juliana	5/23

In astrology, those born between May 1–20 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard. Those born between May 21–31 are Gemini's Twins. The Twins represent energetic communication and interaction and are witty and intellectual.

Theodore Geisel (Dr. Seuss) – May 2, 1904
Knut Rockne (coach) – May 4, 1888
Sam Donaldson (journalist) – May 11, 1934
Billy Crystal (comedian) – May 14, 1948
Joan Crawford (actress) – May 23, 1905
Aretha Franklin (singer) – May 25, 1942