

SEPTEMBER 2017

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 • 563-583-7939 • www.sunsetparkplace.net



Celebrating September

Dubuque Alzheimers Walk
September 9

Grandparents Day
September 10

National Assisted Living Week
September 10-16

**International Country
Music Day**
September 17

Good Neighbor Day
September 28

We are pleased to announce Kathy Lansing, Health Care Coordinator, was named "Nurse of the Year" by the Iowa Assisted Living Association. Kathy is very deserving of this award for her excellent care that she provides for all of our Sunset Park Place residents. Congratulations to Kathy on this prestigious award! You are very much appreciated for all that you do! Thank you for your dedication!



September is our annual celebration of National Assisted Living Week that starts on September 10th until September 16th. This year's theme is "Family is Forever". KDTH radio will be hosting a live broadcast on Tuesday, September 12th from 1:00 PM to 5:00 PM. Take a look inside this newsletter for more details regarding all the events planned for the week.



We still have openings on our Sunset Park Place team that is participating in the Alzheimer's Walk on Saturday, September 9th at 9:00 AM at the Medline Recreation Area on Chavenelle Road. Please join us if you are able. Thank you.

Have a great month!
Jerry Bell

September Activity Highlights

Shopping

Hy-Vee 6th(1:30), 13th, 20th, 27th 1:15 pm
 Kennedy Mall 5th 3:00 pm

Outings

Magoo's 8th 11:15 am
 Party Bus Cruise 7th 1:30 pm
 Ichiban 18th 11:15 am
 Rhody's Pie Run 22nd 1:30 pm
 Breitbach's Country Dining 27th 4:00 pm

Events

Resident Meeting with Jerry 6th 1:00 pm
 New Resident Welcome 14th 1:00 pm
 National Assisted Living Week 10th – 16th
 Happy Hour 23rd 2:00 pm
 Rise & Dine Breakfast 24th 7:30 - 9:00 am

Music

Nancy Hooton 5th 5:30 pm
 Shelly Gessner 8th 1:30 pm
 Jim Lucy 9th 2:00 pm
 Janet Lieb 10th 2:00 pm
 Frank Naber 12th 1:30 pm
 Lou Oswald 19th 2:00 pm
 Dave Poggenklass 25th 1:30 pm
 Janet Lieb 26th 1:30 pm
 Tom Bedtka 29th 1:00 pm

Wii Bowling Record!



Congratulations to Dorothy L. for a high game of 233!
 Join us on Thursday mornings at the Wii Bowling Alley in the Activity Room.

Bingo

Bingo is a popular traditional activity here at Sunset Park Place. Thank you to Jim & Kathy Badger and David Blake for volunteering to host bingo on Monday Nights and Tommy Davis on Saturday nights. We are lucky to have you!



Crochet Clinic

A craft revisited...During the summer we have enjoyed meeting with Ruth Abigail for Crochet Clinic. She has been sharing a lot of new ideas on this traditional craft. Some of the ladies are learning to crochet for the first time while others are enjoying picking up the yarn and hook again.



Mary Ann H. is delighted to start crocheting again after she lost all of her patterns and supplies in a house fire many years ago. The crochet clinic has been a dream come true!

National Assisted Living Week



The 2017 theme, “Family is Forever,” recognizes the unique bonds formed between those who reside in assisted living and those who work and volunteer in these communities. For many assisted living caregivers, their dedication

and consideration develops into a deep emotional attachment, where staff and residents come to think of each other as family. Whether getting to know the residents inside and out, listening to their stories, spending time after hours to do something nice for them, or being there in their final moments, this National Assisted Living Week® is meant to honor those caregivers who give their hearts and souls to their residents.

SATURDAY, Sept 9th The Sunset Park Place team will be participating in the Walk to End Alzheimer’s.

SUNDAY, Sept 10th 2:00 pm
Celebrate **Grandparent’s Day** and join us for a Sundae Bar and music entertainment by Janet Lieb.

MONDAY, Sept 11th 1:30 pm
Crafting with trees and discussing family trees in the activity room. Celebrate Patriot Day all day wear red, White, and Blue!

TUESDAY, Sept 12th 12:00-5:00 pm
KDTH Live Broadcast. Stop in or tune in AM 1370 for a fun afternoon as residents, family, and staff are interviewed about Sunset Park Place.

WEDNESDAY, Sept 13th
Who’s Who Contest all day. Residents and staff please submit childhood pictures to Shelly in advance. Pictures will be on display. The person who has the most correct guesses will win a prize.

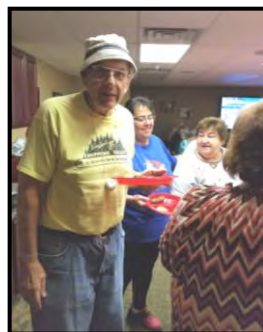
THURSDAY, Sept 14th 6:00 pm
5th Annual Talent Show – WE ARE FAMILY!
Staff, Residents, Family, and Friends are gearing up for the best show yet! There are still a few spots left if you would like to share your talents with us. Please contact Shelly or Sue today to be added to the program.

FRIDAY, Sept 15th 1:30-3:30
FRIDAY FUN DAY!! Bean Bags, Euchre, Games, Snacks, and fun for residents and staff.

SATURDAY, Sept 16th 1:00
Family Movie Day! Enjoy the movie in our beautiful theater including pop & popcorn.

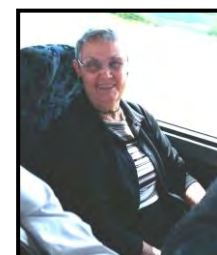
Eclipse Party

What is better than seeing one eclipse? Seeing many all across America! The weather changed our picnic from the park to inside. But we had a wonderful day with friends, fabulous food, and celebration.



Bus Trip

Riverside Casino here we come...a beautiful day for a ride, a delicious buffet lunch, and some fun at the Casino in Iowa City.



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September Birthdays

Kenneth N	6 th	Gladys C	10 th
Ruth A	12 th	Mary N	13 th
Florence W	21 st	Lucille B	22 nd
Joanne S	26 th		

In astrology, those born from September 1–22 are Virgos. Detail-oriented Virgos have a deep sense of humanity, a trait that makes them careful, tender, and practical. Since all that attention to detail is put into the service of others, Virgos make perfect humanitarians. Those born between September 23–30 balance the scales of Libra. Libra epitomizes fairness and harmony in all dealings large and small. Sincere, beautiful, and romantic, Libra will work hard to keep all relationships on an even keel with boundless grace and charm.

Lily Tomlin (comedienne) – September 1, 1939
Buddy Holly (musician) – September 7, 1936
Sid Caesar (comedian) – September 8, 1922
Greta Garbo (actress) – September 18, 1905
Johnny Mathis (singer) – September 30, 1935