

OCTOBER 2017

Sunset Park Place

3730 Pennsylvania Ave • Dubuque, Iowa 52002 • 563-583-7939 • www.sunsetparkplace.net



Celebrating October

Emotional Wellness Month

Vegetarian Awareness Month

Roller Skating Month

Mystery Series Week

October 1-7

Guardian Angels Day

October 2

World Pasta Day

October 25

Halloween

October 31

Fall is in the air...

What a beautiful and extended fall we've been experiencing with the warm weather. It is hard to believe that Fall is upon us. We are fortunate to be surrounded by such beautiful river bluffs and farm fields. Life at Sunset Park Place just can't be beat.

We celebrated a very busy National Assisted Living Week which included the Dubuque Annual Alzheimer Walk. Congratulations to the Sunset Park Place team which raised over \$1400 for this event. Thank for your efforts in raising money for this worthwhile cause.

A big thanks to Shelly and Sue for putting together our annual talent show! We had such a talented group of performers. I am already looking forward to next year's event! It is something you don't want to miss!

Have a great month!

Jerry Bell



October Activity Highlights

Shopping

Hy-Vee 4th(1:30), 11th, 18th, 25th 1:15 pm
 Kennedy Mall 9th 1:30 pm

Outings

Bus Trip to Riverside Casino 2nd 7:00 am
 Party Bus Cruise 5th 1:30 pm
 Happy's Place 6th 11:15 am
 Rhody's Pie Run 13th 1:30 pm
 Galena Lunch & Shopping 20th 11:15 am
 Morocco 25th 4:00 pm

Events

Resident Meeting with Jerry 4th 1:00 pm
 New Resident Welcome 12th 1:00 pm
 Fall Cookout (SPP Theater Room) 16th 11:30 am
 Pumpkin Decorating 29th 2:00 pm
 Rise & Dine Breakfast 29th 7:30 - 9:00 am
 YoungUns Day Care Kids 30th 1:00 pm
 Halloween Party 31st 2:00 pm

Music

Nancy Hooton 3rd 5:30 pm
 Frank Naber 10th 1:30 pm
 Jim Lucy 14th 2:00 pm
 Steve Morris 16th 1:30 pm
 Shelly Gessner 19th 1:30 pm
 Terry Dillon 21st 12:45 pm
 Janet Lieb 24th 1:30 pm
 Tom Bedtka 27th 1:00 pm
 Dave Poggenklass 30th 1:30 pm

Dare to Dream - David

David used to live on the East Coast. One of his favorite restaurants was in Bar Harbor, Maine. He drove an hour and a half regularly to enjoy fresh caught lobster. "You pick out the one you want, grab a beer and they bring the lobster to you. David enjoyed a taste of Bar Harbor right here in Dubuque, Iowa. He also enjoyed having a visit with our cook Tim who prepared this beautiful meal.



*We Dare To Dream at Sunset Park Place!
 What is your dream?*

Walk to End Alzheimer's

Thank you to everyone who supported the Sunset Park Place Team in many ways throughout the last year!

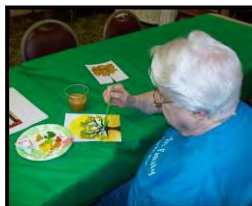


National Assisted Living Week

Monday
Painting
Trees



JoAnn, Dorothy



Florence



Tuesday
Bake Sale for Hurricane
Victims and live broadcast with
KDTH

Thursday The 5th Annual Talent Show



Pat & Red



Jim



Big Mama's Kitchen



Marla, Susan, Tiffany & Vicki



Shelly



Sue & Jim

Friday Fun Day

Warm temperatures,
bean bags,
beverages, radio
playing oldies and
hanging out with
friends made for a
perfect afternoon on
the front patio.



Mary Ruth, Red, Grace



Bob, Joyce, Bessie, Dorothy

Who's Who?

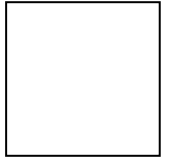


Residents and staff
provided childhood
pictures. On
Wednesday of
National Assisted
Living Week
Residents and staff
participated in the
guessing game of
Who's Who.

Pam & Steve were
the prize winners!!
Smartfood Popcorn,
Smart Water, and a
Goodness Knows
granola bar!



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BREAKFAST

Sunday, October 29th
7:30 – 9:00 am
\$8.00/person

Let us do the cooking! Join us for our NEW Rise & Dine Breakfast Buffet each month. Everyone is welcome to enjoy a wonderful breakfast in our beautiful dining room.

Reservations appreciated: 563-583-7939.



Join us for the Halloween Party October 31st at 2:00. Wear your own costume or borrow one from the Sunset Park Place Costume Shop before the party!



October Birthdays

Edwin "Red" S	10th	Joan W	16th
Roy G	22nd	Jim V	22nd
Mildred M	28th		

In astrology, those born from October 1 to 22 balance the scales of Libra. Sincere, beautiful, and romantic, Libra will work hard to keep all relationships on an even keel with boundless grace and charm. Those born between October 23 and 31 are Scorpios. Resourceful and determined, Scorpios give their all when it comes to following their hearts.

Julie Andrews (actress) – October 1, 1935
Luciano Pavarotti (singer) – October 12, 1935
Evel Knievel (daredevil) – October 17, 1938
Johnny Carson (TV host) – October 23, 1925
Pablo Picasso (artist) – October 25, 1881
Bill Gates (billionaire) – October 28, 1955

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