

DECEMBER 2017

Sunset Park Place

• 3730 Pennsylvania Ave • Dubuque, IA 52002 • 563-583-7939 • www.sunsetparkplace.net



Celebrating December

Write a Friend Month

Bingo Month

Safe Toys and Gifts Month

Eat a Red Apple Day

December 1

International Volunteer Day

December 5

Hanukkah

December 12–20

Look for an Evergreen Day

December 19

Christmas Day

December 25

**Make Cut-Out
Snowflakes Day**

December 27

It's the most



Wonderful



time of the Year

On Saturday, December 2nd our Fourth Annual "Claus For a Cause" will be held from 8:30 to 10:00 AM in the dining room. The breakfast is a fundraiser benefiting the Alzheimer's Association. Bring the kids and family to enjoy a breakfast with Santa Claus. Cost is \$5 per person or \$20 per family.

Please be aware that "real" Christmas trees and wreaths are not allowed in the building due to fire code. Only artificial trees and wreaths are allowed. We appreciate your cooperation in this matter.

On Friday, December 1st Allen Phillips and Allison Law from Senior Housing Management will be here to address any concerns you may have. They will be meeting at 10:00 AM in the dining room with Assisted Living and Independent residents and at 11:00 AM with townhome residents in the private dining room.

Best wishes for a very Merry Christmas!

Jerry

Jerry Bell
Manager



Activity Highlights

Shopping

Hy-Vee 6th(1:30), 13th, 20th, 27th 1:15 pm
 Christmas Shopping 8th 1:00 pm

Outings

Roshek Building 4th 11:15 am
 Reflections in the Park 7th 5:30 pm
 Mindframe Theater
 Movie White Christmas 11th 1:15 pm
 Champp's Americana 13th 4:00 pm
 Ichiban 28th 11:15 am

Events

Resident Meeting with
 Allen & Allison 1st 10:00 am
 Town Home Meeting 1st 11:00 am
 Breakfast with Santa 2nd 8:30-10:00 am
 Resident Meeting with Jerry 6th 1:00 pm
 Sunset Park Place
 Resident Christmas Dinner 21st 11:45 am
 Hot Chocolate Happy Hour 23rd 2:00 pm
 New Year's Eve Party 31st 1:00 pm

Music

Jim Lucy 9th 2:00 pm
 Dave Poggenklass 11th 11:30 am
 Frank Naber 12th 1:30 pm
 Eleanor Roosevelt
 Middle School Orchestra 14th 1:00 pm
 Terry Dillon 16th 12:45 pm
 Lou Oswald 18th 1:30 pm
 Steve Morris 21st 1:30 pm
 Janet Lieb 26th 1:30 pm
 Tom Bedtka 29th 1:00 pm



The Meaning of Messy

December 21 is the shortest day of the year in the northern hemisphere, so why bother making your bed when you'll soon be back under the covers? That was the rationale behind fifth grader Shannon Barba's appeal to the United States Congress asking to make Don't Make Your Bed Day an official holiday. Perhaps Barba doesn't appreciate what making a bed in the morning reveals about an individual's personality. Some psychologists claim that those who make their beds set a positive tone for the rest of the day. Bed-makers are organized go-getters. What about those who don't make their beds? These people are not necessarily unorganized, but instead enjoy not knowing what happens next. They enjoy surprises that bring excitement and energy to the day.

*May your days be
 Merry and Bright*



We are all looking forward to another fun filled holiday season with you!



Down on the Farm



Doris has lived in Dubuque all her life. Raised 9 children, volunteered at the Arboretum, continues to sing with Sinsinawa Singers every Wednesday, and yet has never been on a real farm.

Cindy Lynch, Hair Stylist at Sunset Park Place, and her husband Kevin have a farm just outside Cascade, IA. We planned a trip to make this dream come true for Doris.



The Lynch Farm is home to 6 ducks, 25 chickens, a couple of feisty roosters, a few cats, 3 pigs, 160 beef cattle, a dog, and a horse. We enjoyed driving around the farm and learning about what a day in the life of a farmer is all about.



We also had the opportunity to visit the Lynch organic dairy farm across the highway that belongs to Kevin's brother and family. We were lucky enough to see the 2-week-old calves, a couple of tiny kittens, and learn about the milking parlor.

Everyone had a wonderful time visiting the Lynch farm. Some of the residents enjoyed reminiscing about living on or visiting family farms. Doris was delighted to be on a real farm. "It was really neat!"

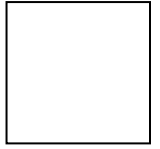


Honoring our Veterans

On Friday November 10th The Dubuque Marine Corps League conducted a ceremony to honor all of the veterans who live at Sunset Park Place. A flag folding complete with definition kicked off the program, taps was played, and every veteran was honored with a certificate as a brief description of their service was read to the audience. Thank you to the Dubuque Marine Corps League and to all Veterans for your service.



Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



Claus for a Cause

Join us for the 4th Annual Breakfast with Santa and Mrs. Claus at Sunset Park Place on Saturday,



December 2nd from 8:30 – 10:00 am. Only \$5.00 per person (\$2.00 for children 2 and under) or \$20 per family. Kids will also get a special treat from Santa.

Reservations always appreciated 563-583-7939.



Salon Gift Certificates make wonderful gifts that everyone can be happy to receive and redeem.

Cash, checks, and credit cards are accepted.
Contact Cindy Lynch 563-599-5131



December Birthdays

Kay C	15 th	Norma V	20 th
Annetta O	24 th	Lorraine G	27 th

In astrology, those born between December 1–21 are Archers of Sagittarius. Sagittarians extroverted and optimistic, Archers seek change and take concrete steps to achieve their goals. Those born between December 22–31 are Capricorn's Goats. Goats are practical, determined and focused on their ambitious goals. Their sympathetic and caring natures make them devoted friends.

Bette Midler (entertainer) – December 1, 1945
Eli Whitney (inventor) – December 8, 1765
Rita Moreno (actress) – December 11, 1931
Ty Cobb (ballplayer) – December 18, 1886
Humphrey Bogart (actor) – December 25, 1899
Tiger Woods (golfer) – December 30, 1975
Donna Summer (singer) – December 31, 1948