

MARCH 2018

Sunset Park Place

3730 Pennsylvania Ave • Dubuque, IA 52002 • 563-583-7939 • www.sunsetparkplace.net



Celebrating March

Mad for Plaid Month

Women's History Month

World Compliment Day

March 1

Proofreading Day

March 8

Shakespeare Week

March 12–18

St. Patrick's Day

March 17

World Poetry Day

March 21

Mom and Pop Business

Owners Day

March 29

Happy St. Patrick's Day!

I wish the Luck of the Irish! Green grass on the rise, green buds popping out on the bare bushes and trees, lucky leprechauns hiding under rainbows ... it is that time of the year!

"Spring ahead" one hour on Sunday March 11th with Daylight Savings Time. Don't forget our St. Patty's celebration with special music and our annual corn beef and cabbage dinner served by our culinary staff!

Spring will officially arrive on the 20th! We will hope for the arrival of mild weather, so it will feel like Spring! Stay well and pass on just a little blarney to your neighbor!

Jerry Bell



Activity Highlights



Shopping

Target	1st	3:00 pm
Hy-Vee	7 th (1:30), 14 th , 21 st , 28 th	1:15 pm
Tri-State Independent Blind Society Book Store	19 th	1:00 pm

Outings

Your Pie - New Pizza Restaurant	2 nd	11:30 am
Party Bus Cruise	15 th	1:30 pm
Rhody's Pie Run	23 rd	1:30 pm
HuHot	16 th	11:30 am
Tony Roma's	28 th	4:15 pm

Events

New Resident Welcome	1 st	1:30 pm
Resident Meeting with Jerry	7 th	1:00 pm
Pi Day	14 th	2:30 pm
St. Patrick's Day Party	17 th	1:00 pm
Breakfast with the Bunny	31 st	8:30-10:00 am

Music

Chris Ross	3 rd	1:30 pm
Lou Oswald	9 th	2:00 pm
Jim Lucy	10 th	2:00 pm
Frank Naber	13 th	1:30 pm
Janet O'Lieb – St.Pat's Party	17 th	1:00 pm
Dave Poggenklass	26 th	1:30 pm
Shelly Gessner	27 th	1:30 pm
Tom Bedtka	30 th	1:00 pm



Live 2B Healthy

Pam Connolly, Live 2B Healthy trainer, is helping us celebrate the 2018 Olympics with themed classes! Let's play Hockey...noodle ball style! She always has something fun planned for getting fit!



*Join us for
a class*

**Strength *Flexibility *Balance*
Monday, Wednesday, Friday
10:00 am – Activity Room

A Slice of Pi



When one measures a circular object, it always turns out that its circumference, or the length around, is a little more than three times its width across—3.1415926 to be exact. This number,

known as pi, actually goes on forever. Scientists have calculated its value to more than one trillion digits past its decimal. But for the purposes of celebration, Pi Day is held on March 14, or 3/14, each year. The first Pi Day was organized in 1988 by physicist Larry Shaw, who worked at the San Francisco Exploratorium. The original celebration consisted of Exploratorium staff walking around in a circle and eating pies. **Sunset Park Place is planning to sit in a circle and eat pies. Join us on Wed, March 14th for a free slice of pie at 2:30 pm.**

John Deere Tour

Jim and Bob are John Deere Retirees. Betty worked in the cafeteria before her children were born and her husband also retired from John Deere. JoAnn's first husband was a retiree as well as her current husband Bob. Everyone, ten residents in all, had the opportunity to have a 1 ½ hour riding



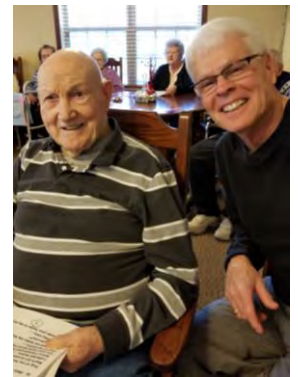
tour at John Deere. "Boy things have changed!" was a common statement. Some residents shared stories of working there and others talked proudly of driving John Deere tractors on their farms. The retirees and tour volunteers

recognized each other immediately and enjoyed spending time together. It was a wonderful walk down memory lane.

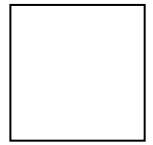


D.A.R.S.P.A Singers

Every year the members of Dubuque Area Retired School Personnel Association bring in a cart full of props, music books, and of course endless smiles, enthusiasm and energy! Residents are encouraged to pick their favorite songs and participate in the fun!



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Dubuque, IA 52003



A Slice of Pi



Read all about the history of National Pi Day inside this newsletter. **Join us on Wed, March 14th for a free slice of pie at 2:30 pm.**



Breakfast with the Bunny

Saturday, March 31st

8:30-10:00 am

Pancakes with fruit topping

Sausage

Coffee, Juice, Milk

\$5.00/person

Let us do the cooking. Bring the kids, the grandkids, the neighbors and friends to enjoy a delicious meal and help support the Alzheimer's Association!



March Birthdays

Bill B 8th

Tim D 20th

In astrology, those born between March 1–20 are Pisces. Friendly and selfless, Fish are always willing to help others with their hearts on their sleeves. Thanks to an intuitive understanding of life, Pisces make deep connections with other living beings. Aries' Rams are born between March 21–31. As the first sign of the zodiac, Aries are energetic and assertive initiators. With bravery, zeal, and speed, they jump headfirst into life, confident that they can navigate any challenges.

Desi Arnaz (actor) – March 2, 1917

Knute Rockne (coach) – March 4, 1888

Lou Costello (comedian) – March 6, 1906

Liza Minnelli (entertainer) – March 12, 1946

Wyatt Earp (cowboy) – March 19, 1848

Reba McEntire (musician) – March 28, 1955

Warren Beatty (actor) – March 30, 1937