

MAY 2018

# Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 • 563-583-7939 • www.sunsetparkplace.net



## Celebrating May

**Global Health and Fitness  
Month**

**Inventors Month**

**Gifts from the Garden Month**

**International Firefighters Day**  
*May 4*

**Wildflower Week**  
*May 7-13*

**Mother's Day**  
*May 13*

**Ride a Unicycle Day**  
*May 20*

**Memorial Day**  
*May 28*

## Marvelous May

We want to wish all of our mothers, grandmothers and great grandmothers a very special Mother's Day! Best wishes for health, happiness and a day of celebration! Take a look inside this newsletter for details about the Mother's & Others Party that will be held on Saturday May 12<sup>th</sup>.

As we remember loved ones who have impacted our lives, let us also think of these dear ones who have gone before us. Their memory lives on!

On Thursday, May 24<sup>th</sup> Allen Phillips and Allison Law from Senior Housing Management will be here to address any concerns you may have. They will be meeting in the dining room at 10:00 AM with independent & assisted living residents and at 11:00 AM in the library with townhome residents.

Have a great month,

Jerry



## Activity Highlights

### Shopping

|                        |  |                    |
|------------------------|--|--------------------|
| Hy-Vee                 | 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> , 23 <sup>rd</sup><br>(Tues) 29 <sup>th</sup> | 1:15 pm<br>1:45 pm |
| Target<br>Kennedy Mall | 3 <sup>rd</sup><br>31 <sup>st</sup>  | 2:00 pm<br>1:00 pm |

### Outings

|                                  |                  |          |
|----------------------------------|------------------|----------|
| Freddy's Steakburgers            | 4 <sup>th</sup>  | 11:15 am |
| Party Bus Cruise                 | 7 <sup>th</sup>  | 1:30 pm  |
| Farmer's Kitchen at the Q Casino | 14 <sup>th</sup> | 11:15 am |
| Rhody's Pie Run                  | 18 <sup>th</sup> | 2:30 pm  |
| Arboretum Golf Cart Tours        | 21 <sup>st</sup> | 1:00 pm  |
| Timmerman's                      | 30 <sup>th</sup> | 4:15 pm  |

### Events

|   |                  |          |
|---|------------------|----------|
| Resident Meeting with Jerry                                 | 3 <sup>rd</sup>  | 11:00 am |
| New Resident Welcome  | 11 <sup>th</sup> | 1:30 pm  |
| Mothers & Others Party                                      | 12 <sup>th</sup> | 2:00 pm  |
| Fancy Hands Spa Day   | 22 <sup>nd</sup> | 2:00 pm  |
| Meetings with Allen Phillips from Senior Housing Management |                  |          |
| Resident Meeting  | 24 <sup>th</sup> | 10:00 am |
| Town Home Meeting   | 24 <sup>th</sup> | 11:00 am |
| Happy Hour  | 26 <sup>th</sup> | 2:00 pm  |

### Music

|                          |                  |         |
|--------------------------|------------------|---------|
| Frank Naber              | 8 <sup>th</sup>  | 1:45 pm |
| Jim Lucy                 | 12 <sup>th</sup> | 2:00 pm |
| Lou Oswald               | 17 <sup>th</sup> | 2:30 pm |
| Shelly Gessner           | 15 <sup>th</sup> | 1:30 pm |
| Janet Lieb               | 20 <sup>th</sup> | 1:00 pm |
| Tom Bedtka               | 25 <sup>th</sup> | 1:00 pm |
| Dave Poggenklass         | 28 <sup>th</sup> | 1:30 pm |
| Sinsinawa Senior Singers | 30 <sup>th</sup> | 2:00 pm |



## Dreaming of a White Christmas

Bing Crosby had no idea that on May 29, 1942, his recording of Irving Berlin's "White Christmas" would become the world's most popular song. The recording took Crosby just 18 minutes, as part of an album for the movie musical *Holiday Inn*, and neither he nor Berlin thought the song was a hit. However, it went on to win the Academy Award for Best Original Song, and it hit number one on the pop charts in October of 1942, two months before Christmas. Irving Berlin, as a Jewish-American, did not celebrate Christmas, but he sure knew how to write a hit song, even one without any mention of magical characters or religion. The song's slow and melancholy longing for the cozy holidays of yesteryear was what audiences craved. What really propelled the song to superstardom was its inclusion on Armed Forces Radio. GIs fighting overseas during World War II loved the song, and Crosby performed it regularly for them. Audiences still love "White Christmas." With over 100 million copies sold worldwide, it remains the best-selling song of all time.

## Dubuque Arboretum Golf Cart Tours

Last summer 10 residents enjoyed a golf cart tour at the Dubuque Arboretum. Another tour is scheduled for Sunset Park Place on Monday, May 21<sup>st</sup>. Enjoy the gardens as volunteers drive and share information about this beautiful Dubuque treasure. Then get a snack, drink, or ice cream from the gift shop. Signup sheets including full details about the trip will be posted in the mailroom. There is no cost for the tour but donations are appreciated.



## Spring is here!!!

We are more than ready for spring here at Sunset Park Place. An eager group of ladies worked diligently to plant a large variety of flower seeds. We look forward to enjoying them all spring and summer!



## Baseball Season has begun!!

Opening Day at Sunset Park Place. Residents love getting together to cheer on their beloved Cubs, watch on the big screen TV and enjoy a ball park lunch. It's just like being at the game!!



## Mother's Apron

The principal use of Grandma's apron was to protect the clothes underneath because she only had a few. It was also because it was easier to wash aprons than dresses and aprons used less material. But along with that, it served as a potholder for removing hot pans from the oven. It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears.



From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven. When company came, those aprons were ideal hiding places for shy kids. And when the weather was cold grandma wrapped it around her arms. Those big old aprons wiped many a perspiring brow, bent over the hot wood stove. Chips and kindling wood were brought into the kitchen in that apron. From the garden, it carried all sorts of vegetables. In the fall, the apron was used to bring in apples that had fallen from the trees. It was surprising how much furniture that old apron could dust in a matter of seconds when company drove up the lane. When dinner was ready, Grandma waved her apron from the porch and the men knew it was time to come in from the fields to dinner. *People would go crazy now trying to figure out how many germs were on that apron. I don't think I ever caught anything from an apron – but love...*

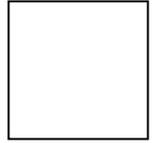
## Happy 70<sup>th</sup> Anniversary



April 13<sup>th</sup> Dorothy & Roy G were proud to be celebrating 70 years of love and marriage.

♥ ♥ ♥ Congratulations! ♥ ♥ ♥

Sunset Park Place  
3730 Pennsylvania Ave  
Dubuque, IA 52002



## Mother's & Others Party

*Saturday, May 12<sup>th</sup>  
2:00 pm  
Dessert Bar  
Coffee & Tea*

*Music provided by Jim Lucy  
Sunset Park Place Dining Room*



## Fancy Hands Spa Day

Join us for a day of relaxation and pampering. On Tuesday, May 22<sup>nd</sup>, 2:00 pm you are invited to enjoy a paraffin wax treatment from our Life Enrichment Department and a manicure from our Sunset Park Place Salon. No charge, just enjoy yourself. Call Erica or Shelly at 563-583-7939 to RSVP.



## May Birthdays

Shirley S 2<sup>nd</sup>      Jane S 8<sup>th</sup>  
Erma S 13<sup>th</sup>      Eugene S 13<sup>th</sup>

In astrology, those born between May 1–20 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. Once the work is done, a Taurus expects to enjoy the fruits of their labor. Those born between May 21–31 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

Benjamin Spock (pediatrician) – May 2, 1903  
Sigmund Freud (psychoanalyst) – May 6, 1856  
Fred Astaire (entertainer) – May 10, 1899  
Yogi Berra (ballplayer) – May 12, 1925  
George Lucas (film maker) – May 14, 1944  
Cher (singer) – May 20, 1946  
Walt Whitman (poet) – May 31, 1819