

JUNE 2018

# Sunset Park Place

3730 Pennsylvania Ave, Dubuque, Iowa 52002 • 563-583-7939 • [www.sunsetparkplace.net](http://www.sunsetparkplace.net)



## Celebrating June

### Iced Tea Month

### Fireworks Safety Month

*June 1–July 4*

### Yo-Yo Day

*June 6*

### Flag Week

*June 10–16*

### Father's Day (U.S.)

*June 17*

### World Music Day

*June 21*

### “Happy Birthday to You”

**Day**

*June 27*

Greetings!

June is a month of family fun with the two following special community events taking place:

On Saturday, June 16<sup>th</sup> we will be honoring our fathers at Sunset Park Place with a special Father's Day party at 2:00 PM in the dining room. Please call in your reservations by Thursday, June 14<sup>th</sup> if you plan on attending.

Please join us on Saturday June 30<sup>th</sup> for our Annual Sunset Park Festival. We will be serving lunch from 11:30 to 12:30 and music following at 1:00 pm with Lou Oswald. Please call in your reservations by June 26<sup>th</sup>. (563-583-7939)

I hope to you see all!  
Jerry

# JUNE

## Activity Highlights

### Shopping

Hy-Vee	(Wed) 6 <sup>th</sup> , 13 <sup>th</sup> , 27 <sup>th</sup>	1:15 pm
	(Thurs) 20 <sup>th</sup>	2:00 pm
Target	12 <sup>th</sup>	3:00 pm

### Outings

Paul's Tavern	4 <sup>th</sup>	11:15 am
Party Bus Cruise	11 <sup>th</sup>	1:30 pm
Arboretum Golf Cart Tours	7 <sup>th</sup>	1:00 pm
Rhody's Pie Run	8 <sup>th</sup>	1:30 pm
Picnic Eagle Point Park	18 <sup>th</sup>	11:30 am
Applebee's	27 <sup>th</sup>	4:15 pm

### Events

New Resident Welcome	4 <sup>th</sup>	2:00 pm
Resident Meeting with Jerry	7 <sup>th</sup>	10:45 am
Father's Day Party	16 <sup>th</sup>	2:00 pm
YEE-HAW FEST Annual Festival	30 <sup>th</sup>	11:30 am

### Music

Jim Lucy	9 <sup>th</sup>	2:00 pm
Frank Naber	12 <sup>th</sup>	1:45 pm
Janet Lieb	23 <sup>rd</sup>	1:30 pm
Dave Poggenklass	25 <sup>th</sup>	1:30 pm
Shelly Gessner	26 <sup>th</sup>	1:30 pm
Tom Bedtka	29 <sup>th</sup>	1:00 pm
Lou Oswald	30 <sup>th</sup>	2:30 pm



Iowa State University Extension and Outreach will be hosting a 6 week program providing Powerful Tools for Caregivers. Whether you provide care for a loved one at home or in a care facility, whether down the block or miles away, yours is an important role.

Location: Sunset Park Place

Dates:  
Tuesdays, July 10<sup>th</sup> – August 14<sup>th</sup>

Time: 2:00 pm – 3:30 pm  
Cost: \$30.00

Registration:  
Contact: Deb Pic-Deutmeyer  
Email: [debpicd@iastate.edu](mailto:debpicd@iastate.edu)  
Phone: 563-583-6946

Dubuque County Extension and Outreach  
14858 West Ridge Lane, Suite 2  
Dubuque, IA 52003

## Dirt Therapy



Sharon is proud to be a Master Gardener. She has a very large herb garden at home. When she moved to Sunset Park Place this spring, she was sad thinking that she wouldn't be able to work in her garden and get

her "dirt therapy". We planned a surprise

shopping trip to Steve's Ace Hardware. She just happened to have a coupon in the mail! We designated a raised garden planter on the front patio for her.

Nothing makes her happier than to get her "dirt therapy"!



## Live 2 B Healthy!

Residents of Sunset Park Place and participants from the Dubuque area are exercising, having fun, and the record shows great results! Congratulations to Lila K for most improved, and Dorothy L for best attendance! Two times per year, assessments and results are shared so we can see our progress. We even hit a record again with our largest class of 28 participants on May 16<sup>th</sup> !



## Take me out to the ball game...

Here are a few sports poems to bring back memories of the good old days.

### A Tribute to Bob Cousy

Arnold Auerbach started it all  
The Boston Celtics have had a ball,  
Frank Ramsey, McHale, and Jo Jo White  
They had it most every night.

There was a "Terrible Tommy," Russell and  
Sharman Bill  
Certainly they were "Kings of the Hill",  
There was the Jones boys, "K.C." and Sam  
They could always take you out of a jam.

"Hondo H" – how he could run  
This was always part of the fun,  
"The Birdman" was always on high  
My, oh my, how he could fly.  
Me!!!??? I was very choosy,  
"My Boy," was Bob Cousy.

### A Tribute to Lou Gehrig

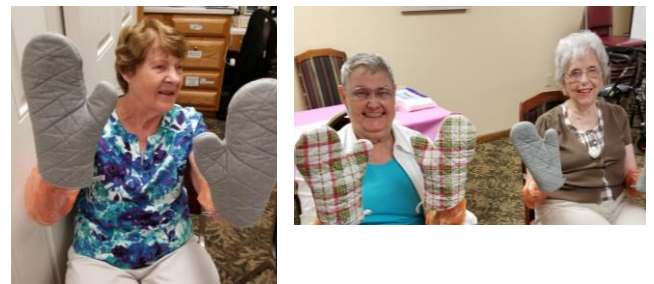
There will never be a finer name  
Ever written in baseball' Hall of Fame,  
They're raising the glass and raising it high  
To you Lou Gehrig, a dead game guy.  
For in the Yankee clubhouse stands  
A shrine, the pride of Yankee grand,  
On this locker door  
Is painted your old familiar number '4'.  
From Murderers Row of yesterday  
To the Bronx Bombers of today,  
You gave your best through all the years  
And we salute you with gallant cheers.  
Nor on the field of spike and cleat.  
There'll never be a man that can compete,  
To the Prince of the Yankees through and through  
The Iron Horse of Larruping Lou.

### A Tribute to the Fullback

Where there was Mr. Laurel,  
There was also Mr. Hardy.  
Where this is ham,  
There's also actors and eggs.  
Where there are politicians,  
There's always higher taxes.  
Where there's talk of the fullback,  
There's only Bronislaw "Bronko" Nagurski.

## Pampered Hands Day

A special day of pampering was planned for the residents of Sunset Park Place and guests from the community of Dubuque. The afternoon included parafin wax hand treatments as well as mini-manicures. Everyone loved it, especially the conversation and laughter!



## Mothers & Others Party

Everyone enjoyed a wonderful afternoon celebrating all of our wonderful mothers. Another record was set with 60 people at the party! Thank you to all who came and thank you Jim Lucy for providing musical entertainment.

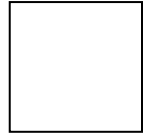


## Election & Voting Info Session

Thank you Sue Wilson from the League of Women Voters for the wonderful presentation and valuable information about the upcoming election and helping many of our residents get registered for an absentee ballot.



Sunset Park Place  
3730 Pennsylvania Avenue  
Dubuque, Iowa 52002



## June Lunch & Learn

Dubuque Veteran's Affairs  
Thursday, June 21<sup>st</sup> 11:00 – 12:30  
Learn about your Veteran's  
Benefits and how they best help you.



**VA** | U.S. Department  
of Veterans Affairs

## YEE-HAW FEST

Join us for Sunset Park Place Annual Festival  
Saturday, June 30<sup>th</sup>  
Lunch will be served 11:30 – 12:30  
Musical Entertainment by  
Lou Oswald at 1:00.  
The YEE-HAW theme is Hee-Haw,  
Cowboys, Saloons, and Minnie  
Pearl all rolled into one Rootin' Tootin' good time!  
Throw on your hat & boots and kick up your heels!  
Give us a *Hollar* at 563-583-7939 to make your  
reservations!



## June Birthdays

Bernie D 2<sup>nd</sup>                      Mary Ann H 18<sup>th</sup>  
Dorothy G 7<sup>th</sup>                      Lorie F 30<sup>th</sup>  
Charlotte M 13<sup>th</sup>

In astrology, those born between June 1–20 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends. Those born between June 21–30 are Crabs of Cancer. Guided by their hearts, Crabs are deeply emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle.

Anderson Cooper (journalist) – June 3, 1967  
Cole Porter (composer) – June 9, 1891  
Gene Wilder (actor) – June 11, 1933  
Donald Trump (president) – June 14, 1946  
George Mallory (explorer) – June 18, 1886  
Brian Wilson (musician) – June 20, 1942  
George Orwell (writer) – June 25, 1903  
Richard Rodgers (composer) – June 28, 1902