

AUGUST 2018

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 • 563-583-7939 • www.sunsetparkplace.net



Celebrating August

Happiness Happens Month

Read a Romance Novel Month

Watermelon Day *August 3*

Farmers' Market Week *August 5-11*

Garage Sale Day *August 17*

Mail Order Catalog Day *August 18*

Senior Citizens Day *August 21*

Dog Days of Summer...

I hope you stay cool as the month of August unfolds! The summer is rapidly coming to a close. Both my wife and middle daughter are teachers and they have to be back to school on August 15th. My youngest daughter is going to be a freshman at the University of Iowa and she moves in the second week of August already. I am looking forward to the start of the football season and the cooler weather!

As you'll see in the newsletter, there are a lot of events happening at Sunset Park Place as always for residents and family members to participate in. So jump in, have some fun and take advantage of what Sunset Park Place has to offer.

Have a great month!
Jerry

Activity Highlights

Shopping

Hy-Vee	8 th , 15 th , 22 nd , 29 th	1:15 pm
Target	14 th	3:00 pm
Sunset Park Place Garage Sale & Bake Sale	17 th	8 am – 5 pm

Outings

Phoenix Theater – Mamma Mia 2	2 nd	1:15 pm
Old Chicago	6 th	11:15 am
Party Bus Cruise	9 th	1:30 pm
Rhody's Lunch & Pie	20 th	1:30 pm
Barrel House	29 th	4:15 pm

Events

Resident Meeting with Jerry	2 nd	10:45 am
Live 2B Healthy 5 Year Anniversary Party	3 rd	10:00 am
New Resident Welcome	6 th	2:00 pm
SPP Garage Sale Day	17 th	8 am – 5 pm
Loras Cross Country Students Interviews, Snacks & Games	21 st	1:30 pm

Music

Jim Lucy	11 th	2:00 pm
Frank Naber	14 th	1:30 pm
Steve Morris	16 th	1:30 pm
Terry Dillon	18 th	12:45 pm
Janet Lieb	25 th	1:00 pm
Dave Poggenklass	27 th	1:30 pm
Tom Bedtka	31 st	1:00 pm



Celebrating 5 Years at Sunset Park Place!

Strength, Flexibility, and Balance!! Those are the first three words to describe our goals for working out together each week. Friendship, fun, laughter, jokes, stories, celebrating joyful times together, and supporting each other when times are tough. There are a hundred more words to describe the wonderful 5 years we have shared in our class!!

Thank you Chris Pipkin for introducing us to this wonderful program, conducting evaluations, and celebrating results with us! Thank you to our Trainers; Maria Axtell for starting us off the first 3 years and Pam Connolly, who has been with us for 2 years now. Thank you ladies for your creative work outs that keep us inspired everyday to Live 2B Healthy!!



YEE-HAW FEST

Thanks to all the guys and gals that joined us for our annual summer festival.



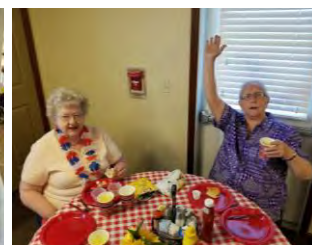
GARAGE SALE & BAKE SALE

Sunset Park Place will be holding it's first garage sale & bake sale on **Friday, August 17th** from 8:00 am – 5:00 pm. Proceeds of the sale will be used to support the Sunset

Park Place team at the Dubuque Walk To End Alzheimers in September. Donations will be accepted during July and the 1st two weeks of August. Thank you for supporting the Sunset Park Place Team!



Mark your calendar
Dubuque Walk 2018
Saturday, September 8th



Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



Garage Sale & Bake Sale Friday, August 17th 8:00am-5:00pm

*Donations accepted through August 14th

*Garage Sale will be located in garages behind the main building.

*If you are interested in volunteering to help with the sale that day please contact Erica.

6th Annual SPP Talent Show



National Assisted Living Week is September 9 – 15th. The Talent Show will be held on Thursday, September 13th at 6:00 pm and has become one of our favorite traditions!! Residents, Staff,

Families, and Friends have participated on the stage or in the audience. We look forward to putting on a rilly good shoew again this year. Please contact Shelly or Sue if you would like to sign up to share your talents!

August Birthdays

*Peg H 8th Dorothy L 11th Marge J 25th
Bob K 9th JoAnn K 15th*

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural-born leaders: confident, charismatic, creative, and warmhearted. Leos also use their humor and loyalty to bring people together to work for a common cause. Those born between August 23–31 are Virgo Virgins. Virgos are one of the most careful signs of the zodiac. They pay attention to detail, analyze problems, and plan so as to leave nothing to chance. These amazing listeners give excellent advice.

Tony Bennett (singer) – August 3, 1926
Lucille Ball (comedienne) – August 6, 1911
Roberto Clemente (ballplayer) – August 18, 1934
Al Roker (meteorologist) – August 20, 1954
Gene Kelly (actor) – August 23, 1912
Mother Teresa (humanitarian) – Aug. 26, 1910
Buddy Hackett (comedian) – August 31, 1924