

August 2019

# Sunset Park Place

3730 Pennsylvania Ave, Dubuque, Iowa 52002 • 563-583-7939 • [www.sunsetparkplace.net](http://www.sunsetparkplace.net)



## Celebrating August

**Read a Romance Novel  
Month**

**American Artists  
Appreciation Month**

**International Clown Week**  
*August 1-7*

**Sandcastle Day**  
*August 3*

**Bowling Day**  
*August 10*

**International Left Handers  
Day**  
*August 13*

**Bow Tie Day**  
*August 28*

## The Fairest of Them All

By the month of August, summer is in full swing, and nothing says summer like the state fair. With live music, animals, wacky inventions, crazy competitions, carnival rides, and a fascinating assortment of deep-fried foods, state fairs offer the ultimate Americana experience for Americans and foreign visitors alike.

The oldest state fair in America is the Great New York State Fair. Although the first fair did not take place until 1841, its story began in 1832 when a group of farmers formed the New York State Agricultural Society. The group tasked itself with innovating and sharing agricultural practices for New York's farmers. In 1841, the Society held its first ever state fair in Syracuse to showcase the bounty of New York's farms. It is estimated that 15,000 people gathered for the fair, where they heard speeches, viewed livestock, sampled fresh produce, and cheered on the contestants of a plowing contest. This first state fair was not much different from the Great New York State Fair of today, which is still held in Syracuse.

New York's state fair may have been the first, but these grand events are found in almost every state of the union, and each fair boasts the unique flavor of its home state. The Kentucky State Fair is known for its World Championship Horse Show, a prestigious competition that has been held since 1902. Every year, the Iowa State Fair boasts a cow sculpted entirely of butter; the first was carved by J.K. Daniels in 1911 and the tradition continues today. Additional butter sculptures have also included Elvis Presley, John Wayne, and the Last Supper. Washington's state fair, known locally as the Puyallup, ranks as one of the biggest in the world.

Speaking of unique flavors, one of the best parts of every fair is the food. Traditional fair fare includes everything from Fisher scones dipped in honey butter and jam, to deep-fried butter, to corn dogs. All across America, there is a state fair to suit every taste.

## Activity Highlights

### Shopping

Hy-Vee	7 <sup>th</sup> , 14 <sup>th</sup> , 21 <sup>st</sup> , 28 <sup>th</sup>	1:20 pm
Target	1 <sup>st</sup>	2:00 pm
Walmart	13 <sup>th</sup>	3:00 pm

### Outings

Ichiban	1 <sup>st</sup>	11:15 am
Pizza Ranch	8 <sup>th</sup>	4:00 pm
Party Bus Cruise	12 <sup>th</sup>	1:30 pm
Picnic at the Park	19 <sup>th</sup>	11:15 am
Catfish Charlie's	22 <sup>nd</sup>	4:15 pm
Rhody's	23 <sup>rd</sup>	1:30 pm

### Events

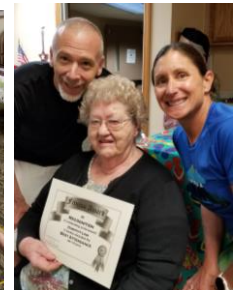
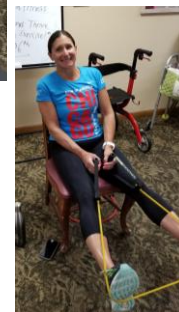
New Resident Welcome	5 <sup>th</sup>	1:30 pm
Resident Meeting with Jerry	8 <sup>th</sup>	10:45 am
Euchre Tournament	15 <sup>th</sup>	1:00 pm
Garage Sale & Bake Sale	16 <sup>th</sup> 8:00 am – 5:00 pm 17 <sup>th</sup> 8:00 am – 1:00 pm	
<b><u>Music</u></b>		
Chris Ross	3 <sup>rd</sup>	1:30 pm
Jim Lucy	10 <sup>th</sup>	2:00 pm
Frank Naber	13 <sup>th</sup>	1:30 pm
Terry Dillon	24 <sup>th</sup>	12:45 pm
Dave Poggenklass	26 <sup>th</sup>	1:30 pm
Shelly Gessner	27 <sup>th</sup>	1:30 pm
Dave Poggenklass	26 <sup>th</sup>	1:30 pm
Tom Bedtka	30 <sup>th</sup>	1:00 pm



## Celebrating 6 Years at Sunset Park Place!

Strength, Flexibility, and Balance!! Those are the first three words to describe our goals for working out together each week. Friendship, fun, laughter, jokes, stories, celebrating joyful times together, and supporting each other when times are tough. There are a hundred more words to describe the wonderful 6 years we have shared in our class!!

Thank you Chris Pipkin for introducing us to this wonderful program, conducting evaluations, and celebrating results with us! Thank you to our Trainers; Maria Axtell for starting us off the first 3 years and Pam Connolly, who has been with us for 3 years now. Thank you ladies for your creative work outs that keep us inspired everyday to Live 2B Healthy!!





## Annual Festival – Luau 2019

Thanks to everyone who attended the Sunset Park Place Annual Festival! The kitchen provided an amazing Luau lunch of pulled pork and chicken teriyaki sandwiches and all the fixins! Great job to everyone for wearing their hawaiian attire. And Angela Meier provided incredible music while singing and playing guitar. She dressed in a grass skirt and sang some fun summer songs as well.

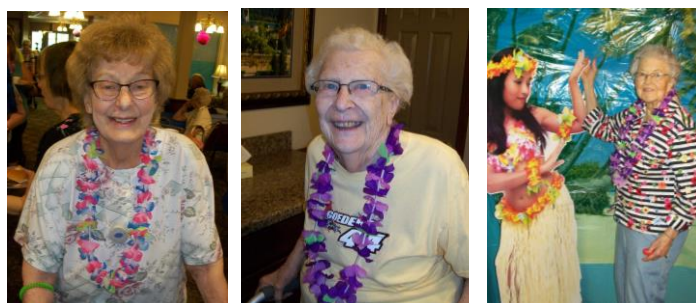


### GARAGE SALE & BAKE SALE

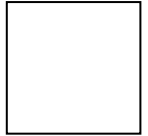
Sunset Park Place will be holding it's 2<sup>nd</sup> annual garage sale & bake sale on **Friday, August 16<sup>th</sup>** from 8:00 – 5:00 and **Saturday, August 17<sup>th</sup>** from 8:00 am – 1:00 pm.

Proceeds of the sale will be used to support the Sunset Park Place team at the Dubuque Walk To End Alzheimers in September. Donations will be accepted during July and the 1<sup>st</sup> two weeks of August. Thank you for supporting the Sunset Park Place Team!

*Mark your calendar*  
**Dubuque Walk 2019**  
*Saturday, September 7th*



Sunset Park Place  
3730 Pennsylvania Ave  
Dubuque, IA 52002



### August 8<sup>th</sup> Pizza Ranch Impact Night

Sunset staff will be volunteering at **Pizza Ranch** for 2 more nights (including September 5<sup>th</sup>) earning tips to raise money for the Walk to End Alzheimer's. Come out to enjoy a delicious supper and support a wonderful cause.

### 2<sup>nd</sup> Annual

### Garage Sale & Bake Sale

Friday, August 16<sup>th</sup> & Saturday, August 17<sup>th</sup>  
8:00am-5:00pm

\*Donations accepted through August 14<sup>th</sup>

\*Proceeds for the Walk to End Alzheimer's.

\*Garage Sale will be located in garages behind the main building.

\*If you are interested in volunteering to help with the sale please contact Erica. 563-583-7939.

### August Birthdays

*Peg H 8<sup>th</sup> Dorothy L 11<sup>th</sup> Marge J 25<sup>th</sup>*

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos' social natures also make them excellent friends. Those born between August 23–31 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industrious efficiency makes them smart problem-solvers and fact-finders.

Louis Armstrong (musician) – August 4, 1901  
Neil Armstrong (astronaut) – August 5, 1930  
Alfred Hitchcock (director) – August 13, 1899  
Davy Crockett (frontiersman) – August 17, 1786  
H. P. Lovecraft (writer) – August 20, 1890  
Sean Connery (actor) – August 25, 1930  
Charlie Parker (musician) – August 29, 1920  
Frank Robinson (ballplayer) – August 31, 1935