

February 2020

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 * 563-583-7939 * www.sunsetparkplace.net



Celebrating February

Library Lovers Month

Mend a Broken Heart Month

Black History Month

Groundhog Day

February 2

Westminster Dog Show

February 10–11

Valentine's Day

February 14

Presidents' Day: U.S.

February 17

Mardi Gras

February 25

Leap Year Day

February 29

Happy Valentine's Day!

Please join us on February 14th for our Valentine's Party in the Activity Room at 2:00 PM. There will be plenty of refreshments and fun!

It is tax season again. If you need a summary for your 2019 taxes, please see contact us. Section 213 of the Internal Revenue Code allows deductions for an individual or spouse if the expenses exceed an allowed percentage (consult your tax advisor on the percentage) of the taxpayer's adjusted income. The monthly services of an assisted living community are considered a medical expense if their medical condition requires that the individual lives in an assisted living community. Please contact your tax advisor on this rule if you feel this may benefit you.

I would like to remind everyone of our resident meetings that are held every month in the Activity Room. The meeting this month will be on February 6th at 10:45 am. Please join us as your input is important to us!

Have a great month!

Jerry Bell
Manager

Dior's "New Look"



A casualty of World War II was fashion. With the rationing of materials and anxiety over radicalism, civilian clothing styles became austere, utilitarian, and practical. Women no longer wore silk or other fancy fabrics, and they gave up accessories like boning for corsets and zippers. For the first time, women wore trousers! The British government went so far as to pass austerity regulations. Footwear, textiles, and clothing brandished the CC41 logo, signifying that it conformed to 1941 regulations for "Controlled Commodities." Perhaps no city suffered more than Paris, the world's fashion capital. Not only was it occupied by the Germans but fashion houses were forced to shut their doors. So, on February 12, 1947, when French designer Christian Dior debuted his "New Look" line at the Paris fashion show, he both saved Parisian fashion and brought femininity into style again.

Dior's New Look silhouette was both old and new all at the same time. It offered a return to pre-war femininity and yet presented a new, modern woman. The line did away with trousers, boxy shoulders, and civilian androgyny and returned to the small waists and hourglass figures of the pre-war era. Dior focused on soft, rounded shoulders, tight-fitting jackets, and spreading, padded skirts. Essential to the New Look was his corset, known as the *Waspie*, which narrowed the waist and accentuated the bustline. As a child, Dior grew up wandering the flower gardens of his home. Those flowers heavily influenced his notions of femininity. He rejected austerity and let fabric flow freely from his garments, like an abundance of petals. Some critics decried the designs as wasteful or extravagant, while others found them to be affronts to the newfound independence enjoyed by women who had taken over the jobs of men in offices and factories. But many women embraced the New Look as a welcome alternative to the ugly practicality of the war years. In many ways, the New Look was a rejection of the war itself and a return to the nostalgia of the pre-war years, where women were once again expected to be feminine.

Welcome Back



Sunday, February 16th 2:00 pm

Join us for an entertaining afternoon of traditional Irish Music by this incredibly talented group of musicians!

D.A.R.S.P.A.

Dubuque Area Retired School Personnel Association will be bringing the fun singing traditional favorites with a bag full of props under their arms! Tuesday, February 18th at 2:00 pm.



Activity Highlights

Shopping

Hy-Vee	5 th , 12 th , 19 th , 26 th	1:20 pm
Target	3 rd	1:00 pm

Outings

Carlos O'Kelly's	7 th	11:30 pm
Party Bus Cruise	17 th	1:30 pm
Marco's	19 th	4:15 pm
West Dubuque Tap	24 th	11:15 am

Events

Resident Meeting with Jerry	6 th	10:45 am
New Resident Welcome	6 th	1:00 pm
Valentine's Day Party	14 th	2:00 pm
Euchre Tournament	20 th	2:00 pm
Happy Hour	22 nd	2:00 pm

Music

Chris Ross	1 st	1:30 pm
Dave Poggenklass	10 th	3:00 pm
Frank Naber	11 th	1:30 pm
Ballyheigue	16 th	2:00 pm
D.A.R.S.P.A.	18 th	2:00 pm
Sue Goodrich	25 th	1:30 pm
Tom Bedtka	31 st	1:00 pm



Commit to Fitness



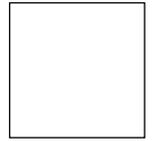
Join our Free Exercise Class led by Fitness Instructor, Pam Connolly! Chair exercises focus on Strength, Flexibility, and Balance. Every Monday, Wednesday & Friday at 10:00am! For more information contact Shelly Gessner, Life Enrichment Coordinator 563-583-7939

Snow-Day Fun

Snow days are more fun with friends! Singing and playing cards are some of our favorite past-times!



Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



February
Euchre Tournament
Thursday, February 20th
1:00 pm
RSVP: Call Erica 563-583-7939

February Birthdays

Ed H	8th	Betty S	17th
Marilyn D	19th	Colleen V	23rd

In astrology, those born between February 1–18 are the Water Bearers of Aquarius. As the water of life heals the land, so Aquarians are the humanitarians of the zodiac. Free-spirited, nonconformist, compassionate, and visionary, they support giving “power to the people.” Those born between February 19 and 29 are the Fish of Pisces. Fish feel things deeply, as in under-the-sea deep. These intuitive, creative, and intelligent people have strong feelings of right and wrong and also love to help others.

Rosa Parks (activist) – February 4, 1913
Thomas Edison (inventor) – February 11, 1847
Galileo (astronomer) – February 15, 1564
Michael Jordan (athlete) – February 17, 1963
Sidney Poitier (actor) – February 20, 1927
George Washington (president) – February 22, 1732
Elizabeth Taylor (actress) – February 27, 1932



Ballyheigue – A talented 6 piece band playing traditional Irish music will be making another appearance at Sunset Park Place.
Sunday, February 16th 2:00 pm