

May 2020

# Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 \* 563-583-7939 \* [www.sunsetparkplace.net](http://www.sunsetparkplace.net)



♡ We Are Here For You! ♡

We feel especially grateful to be caring for each and every one of our residents. We are incredibly blessed with loving team members who are demonstrating true selflessness during this season of change. Blessings to all for health and safety from our entire family!

## Celebrating May

**Global Health and  
Fitness Month**

**Cinco de Mayo**  
*May 5*

**Nurses Week**  
*May 6–12*

**Mother's Day: U.S.**  
*May 10*

**O. Henry Pun-Off Day**  
*May 15*

**National Polka Festival**  
*May 22–24*

**Memorial Day: U.S.**  
*May 25*

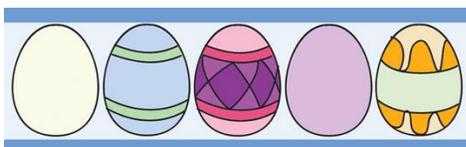


## Easter Fun

Indeed this Easter was quite different for everyone. Here at Sunset Park Place it was still a day of celebration!

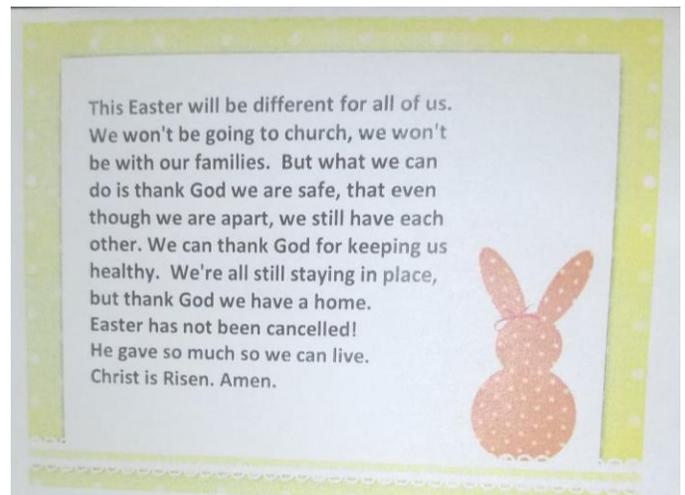


Including a special visit from the Easter Bunny (a.k.a. Sue Mills, Culinary Coordinator) bringing handmade pictures of love and happy wishes from children in Dubuque. Easter cupcakes from a Sunset Park Place family, and Easter cards & eggs filled with goodies from Sunset Park Place.



## Show & Tell

We had a blast reminiscing about Easters past! Loads of fun sharing favorite items and stories - including one about an egg that wasn't found until July - it sure was smelly!



## Celebrate Cinco de Mayo



Cinco de Mayo enjoys widespread popularity across the United States, despite many Americans mistaking the holiday as Mexico's Independence Day. Cinco de Mayo revelers take note! Mexico's Independence Day is

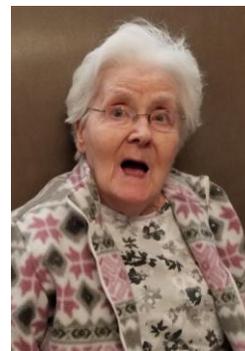
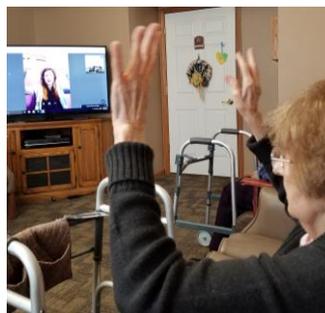
held on September 16. It commemorates the day in 1810 when a Catholic priest known as Father Hidalgo made a speech in the town of Dolores calling for independence from Spain. Hidalgo's speech has since been called the "Cry of Dolores," and the town is now known as Dolores Hidalgo. Cinco de Mayo commemorates a very different event on a date over 50 years later.

In 1861, Benito Juárez was elected the new president of Mexico, but the country he was elected to run was bankrupt after decades of civil war. Juárez was forced to put off repaying all debts to Europe for two years, a decision that angered France, Britain, and Spain. These countries responded by sending their naval fleets across the Atlantic to collect their due. Juárez negotiated a deal with Britain and Spain. France, however, saw an opportunity to invade Mexico. Napoleon III ordered the landing of French troops at Veracruz, and the French forces chased Juárez and his government out of the city.

French General Charles Latrille de Lorencez soon marched his force of 6,000 upon the town of Puebla de Los Angeles. Juárez was desperate. He rounded up a group of 2,000 locals and fortified the town under the command of General Ignacio Zaragoza. On May 5, 1862, Lorencez surrounded Puebla and began shelling the town with heavy artillery. Yet by nightfall, the French were forced to retreat, having lost 500 soldiers. Zaragoza's victory at the Battle of Puebla was not a major one, but it was symbolic. Juárez's government used the victory to rally support against the French. Five years later, the United States sided with Mexico against the French and put an end to the war. Americans celebrating Cinco de Mayo are not celebrating America's successful intervention. It is more a general celebration of Mexican culture, fueled by the marketing influence of the beverage industry.

## Virtual Music Therapy

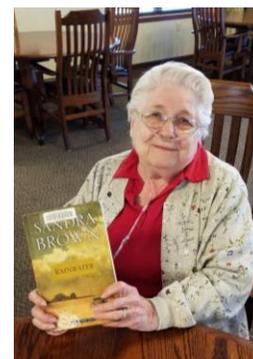
Technology is helping make things happen! The Music Speaks, music therapy sessions with Laura continue to bring us great thinking skills, movement, interaction and joy because we love to sing!



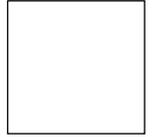
## Book Club

The joy of reading is truly a blessing these days. The ladies have been meeting once a week for a few months.

They bring the book they are currently reading and share a brief description of the book. It is fun to hear firsthand if it is a worthy read and add it to your own list!



Sunset Park Place  
3730 Pennsylvania Ave  
Dubuque, IA 52002



## Stay Safe. Stay Connected.

- Make a phone call
- Write a letter  
    To your loved one  
    or be a pen pal
- Send an email (send it to us at one of the emails below and we can print and deliver)
- Virtual chat

Here at Sunset Park Place we are working at keeping people connected! Please send an email to Erica [marketing@sunsetparkplace.net](mailto:marketing@sunsetparkplace.net) or [shelly.gessner@sunsetparkplace.net](mailto:shelly.gessner@sunsetparkplace.net) to set up a time to get connected with virtual chat options!

Like our Sunset Park Place page on Facebook.

***Thank you to families and friends in the Dubuque community for thinking of us with cards, artwork, and treats. They have truly brightened up our days!***

## May Birthdays

**Shirley S 2<sup>nd</sup>    Jane S 8<sup>th</sup>    Evie S 12<sup>th</sup>  
Marian C 19<sup>th</sup>    Irene R 31<sup>st</sup>    Paul H 31<sup>st</sup>**

In astrology, those born between May 1–20 are the Bulls of Taurus. Not only do Bulls work hard with a determined and tireless manner, but they enjoy the payoff, rewarding themselves for a job well done. These stable and reliable types won't finish the job until they are completely satisfied. Those born from May 21–31 are the Twins of Gemini. Gemini's dual nature is expressed through its skillful communication and dynamic sociability. The Twins are energetic, quick-witted, optimistic, and emotionally intelligent.

Bing Crosby (singer) – May 3, 1903  
J.M. Barrie (author) – May 9, 1860  
Bea Arthur (actress) – May 13, 1922  
Lorraine Hansberry (playwright) – May 19, 1930  
Mr. T (actor) – May 21, 1952  
Sally Ride (astronaut) – May 26, 1951  
Bob Hope (entertainer) – May 29, 1903