

July 2020

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 * 563-583-7939 * www.sunsetparkplace.net



Celebrating July

Ice Cream Month

Parks & Recreation Month

Cell Phone Courtesy Month

Independence Day: U.S.

July 4

Collector Car Appreciation Day

July 10

World Emoji Day

July 17

Space Exploration Day

July 20

Tell an Old Joke Day

July 24

Support Public Education Day

July 30

We are preparing to ease restrictions that have been in place due to the COVID-19 virus. The Iowa Department of Health has issued guidelines in which we are preparing to move to the "Phase 2" guidelines. There are certain conditions that we must meet to qualify for this stage. Once we qualify, we will notify our residents and family members.

The "Phase 2" guidelines required are as follows:

- All visitors must be screened upon entry. Anyone displaying symptoms of COVID-19, cough, shortness of breath, temperature, or loss of taste/smell will not be allowed entry.
- Visitors unable to pass the screen or comply with infection control measures including wearing a gown and mask, should refrain from visiting.
- Visitors will be limited to one person per resident per day and will be only permitted at a scheduled time in a designated area. Designated areas will be sanitized between visits.
- Non-medically trips outside the building should be avoided. If visits must be made, residents must use Sunset Park Place transportation and wear a mask.
- Communal dining will be limited but allowed at 50% capacity.

We will continue to monitor and test for COVID-19. We remain committed to the safety of our residents and staff.

We have some sad news to report that Kathy Lansing is retiring as of July 1st. Kathy did an impeccable job as our Health Care Coordinator for the past 5 years. We commend Kathy for her outstanding dedication in providing excellent health care services to all our residents. Kathy will be greatly missed! We want to wish her the best of luck in her new chapter of her life!

Jerry Bell

Red, White, & Blue

Celebrating our American Spirit by crafting! Decorating walkers, making jewelry, and door signs!



Hot Days & Cool Drinks

Pink Squirrels are a perfect treat for a hot summer day. They are pretty and delicious!



A Virtual Walk-A-Thon



We are challenging residents, staff, family and friends to get your steps in! Between July 1 and August 30 we will be logging the

miles walked here at Sunset. We would love for you to pledge your loved one either per mile or a flat donation. All participants tracking miles will receive a t-shirt along with prizes for the top walkers! Please reach out to Erica or Shelly with questions.

All proceeds to the Alzheimer's Association!



Show & Tell: Fathers

*To the World you are my Dad,
But to me you are the World.*



Many stories were shared about our fathers; where they grew up, their jobs, interests, and parenting styles. Some brought pictures and many told of fond memories that instigated a few giggles around the room. *What are some of your favorite memories about your father?*

Beauty Shop opens under regulations.

Everyone will be happy to take their turn in the beauty shop!



Welcome to Diane Colomer, Hair Stylist. Diane grew up in Woodstock, IL and has lived just outside Cuba City, WI for 30 years. She has 40 years experience working in health care salons.

Do You Remember?

95 Years ago

1925 – Floyd Collins Tragedy.

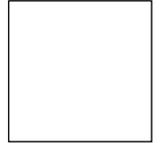
Floyd Collins was a farmer and an avid cave explorer who entered a cave that he hoped to turn into a tourist-driven goldmine, and instead became hopelessly trapped. His entrapment and subsequent efforts to free him attracted national attention, America's first, true-life soap opera played out on the airwaves. It became one of the most sensational news events of the 20th Century.

86 Years ago

1934 – Bonnie and Clyde.

Clyde Champion Barrow and his companion, Bonnie Parker, were shot to death by officers in an ambush near Sables, Bienville Parish, Louisiana on May 23, 1934, after one of the most colorful and spectacular manhunts the nation had seen up to that time.

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Inside this issue

- Information regarding preparations, under the guidelines of the Iowa Department of Health, to ease restrictions that have been in place due the COVID-19 virus.
- [Virtual Walk-A-Thon to benefit residents and the Walk to End Alzheimer's.](#)
- Activities we have been enjoying this month!

July Birthdays

Betty M 11th Marty L 12th Grace 19th
Pat R 22nd Ora S 28th

In astrology, those born between July 1–22 are Cancer's Crabs. Crabs care deeply about their family and home. After all, they carry one on their backs! Guided by their hearts, Crabs are sympathetic and loyal friends and imaginative collaborators. Those born between July 23–31 are Leo's Lions, the zodiac's natural-born leaders. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause and finding creative solutions in the trickiest of situations.

Princess Diana (royal) – July 1, 1961
Bill Withers (musician) – July 4, 1938
Della Reese (singer) – July 6, 1931
Tom Hanks (actor) – July 9, 1956
Mavis Staples (singer) – July 10, 1939
Nelson Mandela (president) – July 18, 1918
Ernest Hemingway (writer) – July 21, 1899
Jennifer Lopez (singer) – July 24, 1969
Peggy Fleming (ice skater) – July 27, 1948