

August 2020

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 * 563-583-7939 * www.sunsetparkplace.net



Celebrating August

**Read-a-Romance-Novel
Month**

Happiness Happens Month

Sunset Park Place Fair Week
August 10-14

Watermelon Day
August 3

Elvis Week
August 8-16

Senior Citizens Day
August 21

National Park Service Day
August 25

Matchmaker Day
August 31

The Fairest of Them All

The oldest state fair in America is the Great New York State Fair. Although the first fair did not take place until 1841, its story began in 1832 when a group of farmers formed the New York State Agricultural Society. The group tasked itself with innovating and sharing agricultural practices for New York's farmers. In 1841, the Society held its first ever state fair in Syracuse to showcase the bounty of New York's farms. It is estimated that 15,000 people gathered for the fair, where they heard speeches, viewed livestock, sampled fresh produce, and cheered on the contestants of a plowing contest. This first state fair was not much different from the Great New York State Fair of today, which has been held in Syracuse.



State and County Fairs are being cancelled or significantly modified in 2020. No one wants to miss out on their favorite parts of the fair: food, entertainment, contests, and prizes! Sunset Park Place Fair Week will be happening during the second week of August. If we can't go to the fair...the fair will come to us!

Like our Facebook page to see the fun photos of fair week, and what we are doing for fun on a regular basis.

Thank you to everyone for your support as we remain committed to the safety of our residents and staff.

Jerry Bell

Preserving Keepsakes



Irene's sister asked her to repair and preserve a quilt that is over 100 years old. This one is a double wedding ring which is traditionally given to a couple as a wedding gift. Many of the fabric pieces used in the quilt were more than likely recycled from children's clothes. This pattern is difficult to repair because of all of the

curved pieces. Irene said, "It would actually be easier to make one from scratch than to repair the old one." One of the biggest challenges right now is finding fabric that is a good match. Without the opportunity to go to the fabric store she will be using the best of scraps she already has. Quilting has been a passion of Irene's for most of her life. We are looking forward to seeing the restoration of this beautiful treasure.



State Fair Stay-cation Week

Monday – State Fair Bingo

1:15 pm Fair Prize Bingo Day

B I N G O				
13	27	38	47	64
4	20	40	50	70
11	28	Free Space	48	66
15	19	43	54	68
7	29	31	55	65



Tuesday – State Fair Grandstand Show

1:30 pm (Music with Shelly)

-- Virtual Tour of Exhibits (YouTube)

Wednesday – Movie STATE FAIR

1:00 pm Popcorn & Pop



Thursday – State Fair Yums

1:30 pm Sample popular fair treats



Friday – Happiness Happens Day

ALL DAY Watch for details to be announced

Mighty Mail-Order



On August 18, 1872, Aaron Montgomery Ward mailed out a catalog detailing the wares he had for sale at his dry goods business in Chicago. His 8 X 12-inch pricing sheet was the world's first mail-order catalog. Ward believed that people living in rural communities

wanted city goods and that he could provide them at an affordable cost. He mailed his goods from Chicago to rural train stations, where customers could pick them up. Country folk loved the wide selection of goods Ward was able to offer, and his idea gathered steam over the next few years. Rural retailers tried to thwart his success by burning the catalogs, to no avail. By 1883, Ward's modest pricing sheet had become a 240-page "Wish Book" filled with 10,000 items. Ward had become the titan of the mail-order business.



Virtual Walk-a-Thon

We are challenging residents, staff, family and friends to get your steps in! We would love for you to

pledge your loved one either per mile or a flat donation in support of the **Virtual Walk to End Alzheimer's 2020**. (All proceeds will go to the Alzheimer's Association.) Track your steps or miles walked each day. All participants tracking miles will receive a t-shirt along with prizes for the top walkers.

Name _____

Phone _____ Shirt Size _____

Date	#Steps/Miles	Notes (where I walked today)
8/1		
8/2		
8/3		
8/4		
8/5		
8/6		
8/7		
8/8		
8/9		
8/10		
8/11		
8/12		
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8/22		
8/23		
8/24		
8/25		
8/26		
8/27		
8/28		
8/29		
8/30		
8/31		
		Total



Celebrating the 7th Anniversary at Sunset Park Place

Strength, Flexibility, and Balance!! Those are the first three words to describe our goals for working out together each week. Friendship, fun, laughter, jokes, stories, celebrating joyful times together, and supporting each other when times are tough. There are a hundred more words to describe the wonderful 7 years we have shared in our class!! Thank you Chris Pipkin for introducing us to this wonderful program, conducting evaluations, and celebrating results with us! Thank you Pam for your creative workouts that keep us inspired everyday to Live 2B Healthy!!

While we are following restrictions, we have been able to continue our live classes with our trainer, Pam Connolly, online via ZOOM. If you are interested in joining us Monday, Wednesday, and Friday at 10:00 am please send an email to shelly.gessner@sunsetparkplace.net for your online invitation. This class is free to anyone who is interested in joining us and living healthy.



Evaluation Results 2019



Virtual Classes 2020

Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



Referral Bonus is Back!!



Good friends make great neighbors!

We offer a \$1,000 rent credit for any current Sunset Park Place resident, or loved one of a current resident who refers a friend which results in a move in.

Contact Erica Wall, Community Relations Coordinator for details at 563-580-5041.

Sunset Park Place – A Place to Call Home

August Birthdays

Peg H 8th

Dennis M 9th

Dorothy Li 11th

Marge J 25th

In astrology, those born between August 1–22 are Leo's Lions, the natural-born leaders of the zodiac. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause and finding creative solutions in the trickiest of situations. Those born between August 23–31 are Virgo's discriminating Virgins. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done without complaint.

James Baldwin (writer) – August 2, 1924
Barack Obama (president) – August 4, 1961
Matthew Henson (explorer) – August 8, 1866
Alex Haley (writer) – August 11, 1921
Lillian Evanti (singer) – August 12, 1890
Julia Child (chef) – August 15, 1912
Coco Chanel (designer) – August 19, 1883
Ray Bradbury (writer) – August 22, 1920
Althea Gibson (athlete) – August 25, 1927
Ted Williams (athlete) – August 30, 1918